

APPENDIX E - FIRST AID, NURSING PROCEDURES, MEDICATIONS AND EXPANDED NEEDS TO ISOLATE SICK STUDENTS, THE CARE ROOM

First aid situations, to the degree possible, should be handled by the student and in the classroom to prevent office congregation and possible cross exposure. The following recommendations are made:

All classrooms should be provided with first aid supplies for minor concerns. (e.g. minor scrapes, nosebleeds, bug bites). Items may include bandaids, gloves, gauze, soap, paper towels, etc. To the extent possible, students provide self-care. Students who are not feeling well will wear a face mask when sent to the office.

Students needing first aid, medication, medical procedures, who are ill, or who were previously cared for in the health office will now need to be separated into designated well care and sick care areas. The sick care area must be an isolated space set up to keep students with possible COVID-19 symptoms separate from well students.

As students enter the office with unscheduled needs, if they complain of illness symptoms ask if they have been around someone with COVID-19 or have signs and symptoms of COVID-19. If yes, send immediately to COVID-19 isolation (sick room), call parent/guardian, and send home.

<p style="text-align: center;">Well Student Area First Aid Health Office</p>	<p style="text-align: center;">Sick Student Area COVID-19 Symptoms Area The Care Room</p>
<ul style="list-style-type: none"> • First Aid • Medications • Diabetes care • Asthma care • Allergies • Anxiety • Seizures • Hungry • Behavior • Tired 	<ul style="list-style-type: none"> • Fever (100.4 degrees or higher) • cough • shortness of breath or difficulty breathing • fatigue • muscle or body aches • headache • new loss of taste or smell • sore throat • congestion or runny nose • nausea or vomiting, diarrhea
<p>STAFFING: A trained staff member or school nurse provides care</p>	<p>STAFFING: A trained staff member, health aide, or school nurse assesses and provides care. If this is a separate room, additional staff may be necessary to monitor students if not visible by the staff member providing well-student care</p>

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<p style="text-align: center;">Well Student Area First Aid Health Office</p>	<p style="text-align: center;">Sick Student Area COVID-19 Symptoms Area The Care Room</p>
<p>PPE: Staff delivering care will wear face masks and use standard precautions if at risk of exposure to blood or body fluids</p>	<p>PPE: Staff must wear gloves, disposable mask, and eye protection/face shield</p>
<p>ROOM REQUIREMENTS: Consider using the current nurse office already set up for first aid</p> <ul style="list-style-type: none"> • Have a sink, soap, and paper towels • Have access to the bathroom • Cot and or chairs for resting students • Table, counter, or desk • First aid supplies • Medications • Medication and procedure • Computer or laptop to access IC to contact parents 	<p>ROOM REQUIREMENTS: Consider using a separate room or move sick care to a large room that can separate well and sick students by more than 6 feet and a barrier.</p> <ul style="list-style-type: none"> • The room must be well ventilated - open windows and door • Consider a barrier such as plexiglass between staff and sick students • Have a sink, soap, and paper towels • Have access to a bathroom nearby • Cot and or chairs for waiting students • Phone • Table, counter or desk • Computer or laptop to access IC to contact parents
<p>SUPPLIES</p> <ul style="list-style-type: none"> • First aid supplies • PPE - gloves, masks • Soap and paper towels • Water for drinking • Cot cover paper • Disinfecting supplies - solution and paper towels 	<p>SUPPLIES</p> <ul style="list-style-type: none"> • PPE - gloves, masks, face shields • Thermometer • Water for drinking • Soap and paper towels • Disinfecting supplies - solutions and paper towels • Cot cover paper

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<p style="text-align: center;">Well Student Area First Aid Health Office</p>	<p style="text-align: center;">Sick Student Area COVID-19 Symptoms Area The Care Room</p>
<p>WELL STUDENT PROCEDURE</p> <ul style="list-style-type: none"> • Student must wash hands upon arrival • Place face masks on student if not already wearing one • Use standard precautions when assisting students in first aid or procedures • Disinfect surfaces after student leaves and before use by others 	<p>SICK STUDENT PROCEDURE</p> <ul style="list-style-type: none"> • Student must wash hands upon arrival • Place a surgical mask on the sick student • Staff should use standard precautions when assisting sick students - for suspected COVID-19, staff should wear a mask, face shield, and gloves • Provide care keeping as much distance and little contact as possible • Ask if they have been around someone with COVID-19 or have signs and symptoms of COVID-19 • Take temperature. Ask about and document any symptoms • Call parent/guardian for immediate pick up • If a parent/guardian cannot pick up students, consider procedures for arranging transportation to their home • Offer and test student for Covid-19 • Follow Symptoms and Illness Guidelines (Appendix B) • Provide parent/guardian with Symptoms and Illness Guidelines (Appendix B) • If a student tests positive for Covid-19 report this to your site principal and to Health Services via email. • Disinfect all surfaces after the student leaves and before use by others