

## What to do when a student becomes sick at school?

### Quick Guide for School Staff

-----Know possible symptoms of Covid-19-----



Cough



Fever



Headache



Diarrhea



Vomiting

#### OTHER SYMPTOMS INCLUDE:

Shortness of breath, chills, sore throat, loss of taste or smell, muscle pain, runny nose, feeling tired, and poor appetite.

#### EMERGENCY WARNING SIGNS (CALL 911):

Trouble breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake, and bluish lips or face.

#### IN THE CLASSROOM

##### 1. SEPARATE THE STUDENT

- Be discreet and calm.
- Make sure you and the student are wearing a mask and standing at least 6 feet apart.
- Following the school protocol, have the student safely escorted from the classroom to the Care Room.



##### 2. INFORM

- Contact Admin/office staff to report ill student/COVID-19 concerns.
- Let them know the student is on the way to the Care Room or wait for the student to be escorted.

##### 3. DISINFECT THE STUDENT AREA

- Disinfect items in the student's area and shared items the student may have touched (e.g., doorknob and supplies).
- Ensure student takes their materials with them.
- Classroom stays open.

##### 4. PLAN FOR THE POSSIBILITY THE STUDENT MAY NEED DISTANCE LEARNING

- Speak with school teacher or administration about options for independent study.
- Make sure the student can make up work without penalty.

#### IN THE CARE ROOM/AREA

5. **PLACE A NEW 3-PLY PAPER SURGICAL MASK ON THE STUDENT AND YOURSELF.** When providing care for anyone with suspected or confirmed COVID-19 infection at school, personnel should wear appropriate PPE, including gloves, a face shield or goggles, and a surgical mask.

##### 5. SUPERVISE AND SUPPORT THE STUDENT

- Make the student comfortable while they are in the isolation room/area.
- Provide supervision keeping as much distance and little contact as possible
- If there is more than one person in the Care Room make sure everyone has a surgical mask and is more than 6 feet apart.
- Open windows and doors for ventilation.
- Take student's temperature and document observed and reported symptoms.
- *If the child has one of the following emergency warning signs get emergency medical care first, then call the parent, guardian, or caregiver: trouble breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake, bluish lips or face, or other signs of serious or life-threatening illness.*



##### 6. CONTACT THE PARENT – Contact parent, guardian, or caregiver to pick up the child immediately

- Calmly explain that their child is not feeling well and has symptoms of COVID-19, and must be picked up from school right away.
- Ask if there has been any exposure to persons with Covid-19.
- Offer and recommend Covid-19 testing.
- Recommend that the parent(s), guardian(s), or caregiver(s) contact the child's healthcare provider.
- Provide parent/guardian/caregiver with Illness and Symptoms Guidelines.
- Help parent to make a return to school or independent study plan based on Illness and Symptoms Guidelines



##### 7. COVID TESTING – Contact the on-site Health Aide for Covid-19 testing.

- Onsite testing may be provided with parent consent.

##### 6. DISINFECT ISOLATION ROOM/AREA

- After the parent(s), guardian(s), or caregiver(s) pick up the child or emergency care is coordinated, ensure the area is disinfected.

##### 8. DOCUMENT AND REPORT

- Report to the attendance office and teacher(s) that the student was released and the expected return to school plan.
- Document absence in IC signs and symptoms and the expected return to school plan.

##### 9. FOLLOW UP

- Follow up with family to determine Covid-19 test results or other medical diagnosis and return to school plan.
- If there is Covid-19 exposure or infection or a suspected outbreak notify Health Services immediately: Email: [Victoria-Flores@scusd.edu](mailto:Victoria-Flores@scusd.edu); [Lisa-Musser@scusd.edu](mailto:Lisa-Musser@scusd.edu); [Paula-Kuhlman@scusd.edu](mailto:Paula-Kuhlman@scusd.edu)