

# KEEPING EACH OTHER HEALTHY DURING COVID-19

The guidelines below will reduce the risk of spreading illness at school. Guidelines may change over time.



## Health Screening

**Every Day Before School:** Check your child at home every morning and look for signs of illness. Symptoms include:



### **Stay Home If:**

- Your child has any of the above symptoms, or has been diagnosed with COVID-19 within the last 10 days.
- Your child has been told to isolate or quarantine by your doctor or a contact tracer

**Report your child's absence, symptoms, and test results to the school each day. Report any home Covid tests to [primary.health](https://www.primary.health).**



## Face Masks at School

Children should come to school with a face mask. Face masks will be available at school if needed. N95 mask available for staff upon request, no fit test required.

**Get Vaccinated** - find the nearest vaccine availability here at the [CA My Turn website](https://www.ca.myturn.com)

**Get Tested** - register & consent for testing [here](#)



## Wash Hands

Students should wash hands before leaving home and upon returning home. All students will wash hands often or use hand sanitizer at school.



## Follow Cough/Sneeze Hygiene

Teach children to sneeze into a tissue or elbow. Throw tissue away in a waste container. Wash hands with soap and water or use hand sanitizer. Do not touch face.