

FIRST AID, NURSING PROCEDURES, MEDICATION *And Expanded Needs to Isolate Sick Students*

First aid situations, to the degree possible, should be handled by the student and in the classroom to prevent office congregation and possible cross exposure. The following recommendations are made:

All classrooms should be provided with first aid supplies for minor concerns. (e.g. minor scrapes, nosebleeds, bug bites). Items may include bandaids, gloves, gauze, soap, paper towels, etc. To the extent possible, students provide self-care. Students who are not feeling well will wear a cloth face covering when sent to the office and should take their belongings with them.

Students needing first aid, medication, medical procedures, who are ill, or who were previously cared for in the health office will now need to be separated into designated **well care and sick care areas**. The sick care area must be an isolated space set up to keep students with possible COVID-19 symptoms separate from well students.

As students enter the office with unscheduled needs, if they complain of illness symptoms ask if they have been around someone with COVID-19 or have signs and symptoms of COVID-19. If yes, send immediately to COVID-19 isolation (sick room), call parent, and send home.

Well Student Area	Sick Student Area/COVID-19 Symptom Area
<p>First Aid Seizures Medications Hungry Diabetes Behavior Asthma Care Tired Allergies Anxiety</p>	<p>Fever (100.4 degrees or higher) New loss of taste or smell Cough Sore throat Shortness of breath or Congestion or runny nose Difficulty breathing Nausea or vomiting, diarrhea Muscle or body aches Headache</p>
<p>Staffing: A trained staff member, school nurse, or medical staff provides care.</p>	<p>Staffing: A trained staff member, school nurse, or medical staff assesses and provides care. IF this is a separate room, additional staff may be necessary to monitor students if not visible by the staff member providing well-student care.</p>
<p>PPE: Staff delivering care will wear cloth face covering and use standard precautions if at risk of exposure to blood or body fluids.</p>	<p>PPE: Staff must wear gloves, disposable mask, and eye protection/face shield.</p>
<p>Room requirements: Consider using the current nurse office already set up for first aid.</p> <ul style="list-style-type: none"> • Sink, soap, and paper towels available • Have access to the bathroom • Cot and/or chairs for resting students • Table, counter, or desk • First aid supplies • Medication and procedure • Computer or laptop to access IC to contact parents 	<p>Room requirements: Consider using a separate room or move sick care to a large room that can separate well and sick students by more than 6 feet and barrier.</p> <ul style="list-style-type: none"> • The room must be well-ventilated (open windows and door) • Consider a barrier such as plexiglass between staff and sick students • Have a sink, soap, and paper towels • Have access to restroom nearby • Cot and chairs for waiting students • Phone • Table, counter, or desk • Computer or laptop to access IC to contact parents
<p>Supplies</p> <ul style="list-style-type: none"> • First aid supplies • PPE - gloves and masks • Soap and paper towels • Water for drinking • Cot cover paper • Disinfecting supplies - solution and paper towels 	<p>Supplies</p> <ul style="list-style-type: none"> • PPE - gloves, masks, face shield • Vomit bags • Thermometer • Water for drinking • Soap and paper towels • Disinfecting supplies - solutions and paper towels • Cot cover paper
<p>Well student procedure:</p> <ul style="list-style-type: none"> • Student must wash hands upon arrival • Place face covering on student if not already wearing one • Use standard precautions when assisting students in first aid or procedures • Disinfect surfaces after student leaves and before use by others 	<p>Sick student procedure</p> <ul style="list-style-type: none"> • Student must wash hands upon arrival • Place a surgical mask on the sick student • Use standard precautions when assisting sick students - for suspected COVID-19 this includes, mask, face shield, and gloves • Provide care keeping as much distance and little contact as possible • Ask if they have been around someone with COVID-19 or have signs and symptoms of COVID-19 • Take temperature. Ask about and document any symptoms • Call parent/guardian for immediate pick up • If a parent/guardian cannot pick up students, consider procedures for arranging transportation to their home • Provide parent/guardian with Stay at Home/When to Return to School guidelines (Appendix B) • Disinfect all surfaces after the student leaves and before use by others • If symptoms indicate that COVID-19 is suspected contact your school nurse or Health Services: • Follow Communicable Disease Guidelines for notifying Health Services for possible outbreaks of infectious disease