

COVID-19 Symptom Decision Tree

If a student or staff member develops any one of the following signs or symptoms:

- Fever (fever defined as Temp ≥ 100.4 that does not resolve within 30 min. without medication)
- Cough*
- Headache*
- Nausea, vomiting, or diarrhea*
- Shortness of breath
- Sore throat
- Fatigue*
- Muscle or body aches*
- Nasal congestion/rhinorrhea (runny nose)*
- Chills
- Loss of taste or smell
- Poor appetite*

*Disregard this symptom if a chronic, pre-existing condition that causes the symptom has been documented in IC or individual has a doctor's note or use school form. The nature of the presenting symptom (e.g., duration, intensity) must be consistent with the underlying chronic condition.

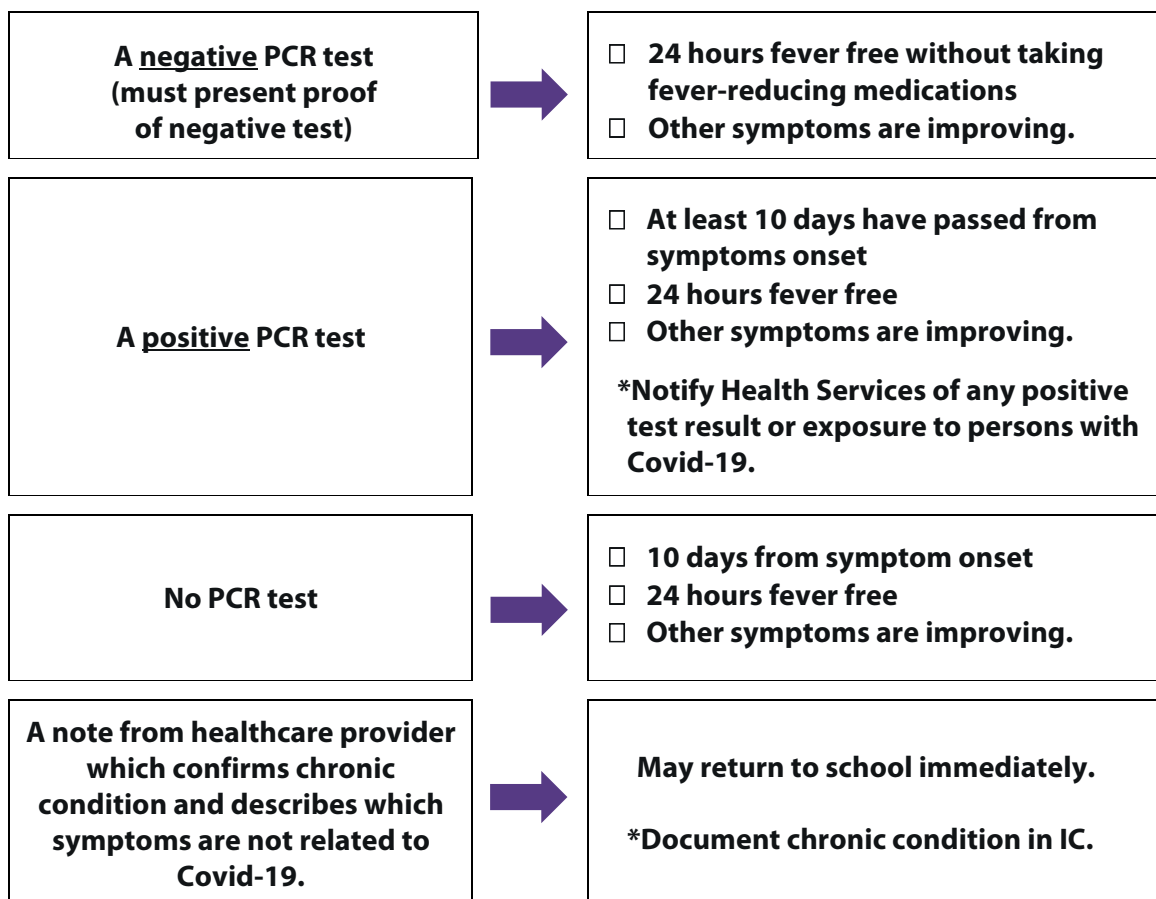
Is the individual at school?

- Apply appropriate PPE (mask, gloves, face shield)
- isolate student/staff member in the Care Room until sent home
- Recommend they test for Covid-19
- Recommend they contact health care provider for instructions.

Note: Other infections can cause same symptoms (e.g., flu, strep, etc.) but these do not rule out COVID-19.

If the individual has...

They may return when they meet **ALL** of the following criteria



When to quarantine?

Quarantine in your home away from others for 14 days if you are a close contact of someone with Covid-19 anywhere between 2 days before their symptoms began (or for an asymptomatic case, two days prior to the test date), and until the person is no longer in isolation.

What is a close contact?

A close contact is a person who:

- was within 6-feet of a person with Covid-19 for a cumulative total of 15 minutes or more over a 24-hour period
- or**
- had unprotected contact with the body fluids and/or secretions (including, being coughed on or sneezed on, hugging, kissing, sharing utensils, or drinking out of the same container) of a person with COVID-19.

All individuals who have had close contact with a person who tested positive for COVID-19 must immediately quarantine themselves in their home or another residence.

- They may end quarantine and return to school/work after:
 - **14 days** (e.g., on the 15th day) after the date of last contact if they do not develop symptoms.
- They are recommended to get a PCR test on day 5-7. Negative COVID-19 test results will not shorten the quarantine time.
- **If symptoms occur during quarantine or if they test positive** individuals should immediately self-isolate and contact their healthcare provider. Students must notify their school office. Staff must notify their supervisor/principal. The supervisor/principal must immediately notify Health Services by emailing: Victoria-Flores@scusd.edu; Lisa-Musser@scusd.edu; Paula-Kuhlman@scusd.edu.

Guidelines for those who had Covid-19 or who have been vaccinated.

Quarantine is **not** required for:

- Individuals who have tested positive for COVID-19 within the past three months and recovered, and are not experiencing COVID-19 symptoms.
- Individuals who have been fully vaccinated (i.e., two weeks past final dose of a COVID-19 vaccine) within the last three months and are not experiencing any COVID-19 symptom.

Note however, if an individual who has had Covid-19 or who has been vaccinated experiences an onset of Covid-19 symptoms they must isolate (see reverse side) and should get tested for Covid-19.